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DIRECTOR

CITY OF EAST GRAND RAPIDS, MICHIGAN PARKS & RECREATION DEPARTMENT

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Dear EGR Parks and Recreation Participant,

The health and safety of our participants, staff, and volunteers remain our highest priority. We are excited to resume **OUTDOOR** programming while following CDC considerations to protect participants, staff, and our community. Here is a link to the CDC information on [How to Protect Yourself and Others](#). Below, you will find a summary of actions we are taking to help ensure we are lowering COVID-19 risk as much as possible while also allowing our participants to attend outdoor programs.

OUTDOOR programs

Before arriving:

- Participant must perform **SELF-ADMINISTERED** temperature check and health screening at home.
 - If temperature is 100.4 or higher on any day of the program participant should remain home.
 - If the program participant exhibits any symptoms (fever, cough, chills, muscle pain, shortness of breath, sore throat, or new loss of taste or smell) or has been in contact with a person who has COVID-19, do not attend the program.
 - **CDC Symptoms:** [Symptoms of COVID-19](#)
- What to bring to your program?
 - Own equipment, when possible – racquet, glove, helmet, ball, towel and yoga mat.
 - Please do not share equipment or program supplies whenever possible.
 - Water bottle
 - Hand sanitizer – highly recommend bringing to use as needed.
 - Face mask – in case 6 ft. physical distancing is not an option.
 - **CDC Proper use of Personal Protective Equipment (PPE):** [CDC Proper Use of PPE](#)

When you arrive at program:

- Please arrive a few minutes early for check in.
- Please maintain 6 ft. physical distancing at all times, when possible.
 - Educate minor participants about 6 ft. physical distancing during the program.
 - **CDC handwashing:** [CDC Handwashing Video](#)
 - **CDC social distancing:** [CDC Social Distancing Video](#)
 - Handshakes, high fives, fist bumps, hugs and any physical contact is not allowed.
- Staff will have a check-in area.
 - Program participant must check in.
 - A minor participant must be accompanied by an adult.
 - If you develop symptoms while at a program, please tell a staff member.
 - If participant is a minor, parent or guardian will be contacted.



When a staff member or participant is identified with a confirmed case of COVID-19:

- If a participant is required to leave the program, exhibits symptoms or tests positive over the subsequent 14 days:
 - Staff or participant is instructed to notify:
 - Healthcare provider
 - The Kent County Health Department (KCHD)
 - The East Grand Rapids Parks and Recreation Department
 - Participants can return when they can answer “no” to the health screening symptoms noted above and/or are cleared by a health care provider or the KCHD.
 - Participants must also contact the EGR Parks and Recreation Department by calling 616-949-1750 or via e-mail: recadmin@eastgr.org as soon as possible to report symptoms and/or provide follow up from a healthcare provider or the KCHD.